



SALADS & SPUNTINI (ITALIAN TAPAS)

R2 for every Spuntino sold goes to Kronendal Music Academy



⑤ Zola 92

- a simple but amazing focaccia topped with Gorgonzola cheese and red onion

Polpettine 121

- beef & pork mince meatballs with spicy OR plain tomato sauce (not gluten/dairy free)

NEW ⑥ Opera 102

- imported Parma ham & seasonal fruit

NEW The BEANing of Life 84

- green beans, tossed with olive oil, garlic, parsley and anchovies (wine match = dry rose)

NEW Caponata 75

- a cold Sicilian dish of aubergines, onion, celery, capers, olives, raisins, tomato (contains vinegar) (wine paring = a glass of bubbles)

Mimmi focaccia 112

- baked in the pizza oven with mozzarella, pancetta, topped with fresh avocado & basil

--- Salads ---

NEW Grapeful salad 146

- grapes, feta cheese, mint, parsley, citrus, red pepper, spring onions & greens tossed with a citrus/herb dressing and toasted seeds

our Chicken Caesar salad 162

- poached free-range chicken, baby spinach, rocket, greens, cherry tomatoes, avocado, home-made Caesar dressing, croutons & parmesan shavings (wine match = Vermentino)

Mamma Mia salad 152

- fresh and vibrant with mixed leaves, fresh crunchy broccoli, fennel, edamame, red cabbage, avocado & toasted seeds, with a green goddess style dressing served on the side (blended with herbs and cashew nuts - contains garlic, lemon, onion) - add smoked trout 75 - (wine match = Sauvignon blanc)

⑤ Superfood bowl 149

- baby spinach & rocket, lentils, beetroot, avo, mozzarella, pine nuts and basil dressed with olive oil, balsamic reduction on the side - (wine match = unwooded Chardonnay)

⑤ House green (side) salad 64

- baby spinach, rocket, mixed greens, cucumber, tomatoes, home-made French dressing

NEW Roger Rarebit 112

- Welsh rarebit (cheese & mustard), Nduja (a soft & spicy pork paste from Richard Bosman) & cauliflowers, coated in panko breadcrumbs & deep-fried (wine match = a glass of bubbles)



♥ Calamari 126

- best quality baby calamari lightly coated in seasoned flour and deep-fried, served with home made aioli (SASSI = green) - (wine match = Grenache blanc)

R2 goes to **NSRI Sea Rescue**

⑤ Baby spinach 94

- pan fried with toasted pine nuts, raisins, garlic

⑤ Patate brave 78

- Spanish style fried potatoes with spicy tomato sauce

Alici in Wonderland 98

- fillets of white boneless anchovies marinated in oil, vinegar & garlic served with Salsa Verde (parsley, egg, bread, garlic, anchovies, capers, oil & vinegar) and soft focaccia - (wine match = Sauvignon blanc)

⑤ Pepite 78

- fried polenta bites, truffle salt, topped with parmesan

⑤ Caprese 112

- fiordilatte mozzarella, tomato, avocado, basil oil

⑤ DesperAVOs focaccia 84

- focaccia, olive oil, rosemary, rock salt, topped with avocado & a squeeze of lemon juice (wine paring = Sauvignon blanc)

⑤ ⑥ Flamenco 78

- spanish style cauliflower tossed in chickpea flour & paprika and deep-fried, served with capers, tossed in red wine vinegar

⑤ Baby artichokes 128

- deep-fried, served with creamy pesto dip (wine match = Vermentino)

⑤ ⑥ Olives 42

- local olives marinated with lemon, rosemary, garlic

Seared beef carpaccio 121

- with rocket, extra virgin olive oil, parmesan

⑤ Mozzarella bites 112

- coated in panko breadcrumbs & deep-fried, served with a creamy pesto sauce